

Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation. Alpha is run all around the globe, and everyone is welcome.

What to expect

A typical Alpha: Alpha runs in cafés, churches, universities, homes —you name it. No two Alphas look the same, but they generally have three key things in common: food, a talk and good conversation.

First up, there's food

Whether it's a group of friends gathered around a kitchen table, or a quick catch-up over coffee and cake, food has a way of bringing people together. It's no different at Alpha. We start with food, because it's a great way to encourage community and get to know each other.

Then, a talk

The talks are designed to engage and inspire conversation. Generally thirty minutes long, they can be given as a live talk or played as a video. They explore the big issues around faith and unpack the basics of Christianity, addressing questions such as "Who is Jesus?" And "How can we have faith?"

Followed by discussion

Probably the most important part of any Alpha: the chance to share thoughts and ideas on the topic, and simply discuss it in a small group. There's no obligation to say anything. And there's nothing you can't say. It's an opportunity to hear from others and contribute your own perspective in an honest, friendly and open environment.

Bring a girlfriend or boyfriend, a buddy, a sibling, a colleague, a friend! Everyone is welcome!

CHECK OUT THE OPPORTUNITIES ON THE OTHER SIDE OF THIS SHEET



ALPHA OPPORTUNITIES STARTING EARLY MARCH

EARLY BIRD ALPHA

Location: St. Joseph Parish / Wednesday Mornings
6:15-6:30 AM Fellowship & Food (doors open at 6:00 AM)
6:30-7:00 AM Video Presentation
7:00-7:30 AM Discussion
7:30 AM Off to begin your

Dates: March 7, March 14, March 21, March 28, April 4, April 11, April 18
Saturday, April 28-RETREAT DAY (8:30 AM - 3:30 PM)
May 2, May 9, May 16, May 30



DAYTIME ALPHA

Location: St. Mary Parish / Tuesday Mornings
10:00 AM Brunch & Fellowship
10:30 AM Video Presentation
11:00 AM Discussion
11:30 AM Off to Continue Your Day

Dates: March 6, March 13, March 20, March 27, April 3, April 10, April 17
Saturday, April 28-RETREAT DAY (8:30 AM - 3:30 PM)
May 1, May 8, May 15, May 22



EVENING ALPHA

Location: St. Mary Parish / Thursday Evenings
6:30 PM Dinner & Fellowship
7:00 PM Video Presentation
7:30 PM Discussion
8:00 PM Off to Enjoy Your Evening

Dates: March 1, March 8, March 15, March 22, April 5, April 12, April 19
Saturday, April 28-RETREAT DAY (8:30 AM - 3:30 PM)
May 3, May 10, May 17, May 24



Questions or would like to register?
Contact Mary Ann Otto at motto@stmaryparish.org or 739-5119 Ext. 110
Be sure to indicate how you can best be reached and which session you prefer.